American Academy of Pediatrics: New Recommendations for Children and Electronics

The American Academy of Pediatrics just came out with new recommendations for use of electronic devices for young children. Prior to this time they did not recommend that children under 2 have any use of these devices and very limited access for preschoolers, but they have made some significant changes to their recommendations that I believe are important for librarians to be aware of. They highlight the need for parents to develop a plan for how they want their children to use electronic media, to choose high-quality educational programming and apps, and to use them together with their children. [And it specifically recommends materials from PBS KIDS and Sesame Street J]

Here is a link to the full article including some very easy to understand recommendations for pediatricians and families:

http://pediatrics.aappublications.org/content/early/2016/10/19/peds.2016-2591